

# lachele

AESTHETICS & WELLNESS

## Microgold Post Treatment Instructions

Immediately post procedure you may be red like a “sunburn”. This will fade over the next 1-2 hours. You may apply a cool compress for comfort.

After your treatment, take precautions against sun exposure. **Do NOT apply sunscreen for the next 12 hours** following your MicroGold treatment. **During this time, avoid sun completely.**

- Do not apply makeup for at least 12 hours** post treatment.
- Wash your face thoroughly a few hours after the treatment.
- The skin may feel tight, this is normal.
- You may return to your routine of skincare after your skin feels back to baseline for you.

Avoid alcohol based toners and products for 48 hours.

**Avoid direct sun exposure for at least one week post treatment.** We recommend **Elta MD Sunscreens**, sold in our offices, to be used 365 days per year.

If you have any questions or concerns, please call our offices at (855)522-4353 and follow the prompt for your desired location. During off hours, call Dr. Espinoza's cell at (908)303-5694. You can also email us at [team@lachele.com](mailto:team@lachele.com)